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Running AdAware & SpyBot S & D

It is best to run these two programs one after the other because they complement each other very well. AdAware primarily targets ad ware while SpyBot targets spyware. They overlap a bit but that only ensures a more effective scan.

To speed up the scan it is a good idea to delete the temporary internet files stored by Internet Explorer. You don't need these files and they add significantly to the time required to complete a scan.

To delete these files you need to open "Internet Options". There are several ways to do this. You can right click the Internet Explorer icon on your desktop and select "Properties" from the menu. Or you can open Internet Explorer and select "Options" on the Tools menu. Or you can open "Internet Options" from the Control Panel. You get to the control panel through the Start button menu.

In the Internet Options window:

- Ensure that you are on the "General" tab, click on it if you are not
- Click on the "Delete Files" button near the center of the window
- Put a check mark in the "Delete offline content" check box in the dialog box that comes up
- Click OK
- Optionally, click the "Delete Cookies" button
- Click the "Settings" button
- Click the "View Files" button
- The window that appears should be empty if you deleted both files and cookies. It should contain only cookies if you skipped deleting cookies.
- If there are files remaining repeat the process of deleting files etc.
- Click OK and exit out of all the windows you opened.

AdAware SE



Ad-Aware SE Personal.lnk

- Verify that you are connected to the Internet. You may need to start a dial-up connection if you don't have a permanent connection.
- Double click the AdAware icon on the desktop.
- Click yes if you get a message that tells you that your definitions are XX days old, and asks if you want to update them. If you don't get the message, click the "Check for Updates" link on the right side of the main window
- Click "Connect" in the next window

- You should see a progress message that tells you the program is connecting
- Click OK to download the new definitions
- You should see a message that the update is being retrieved and a progress bar is displayed.
- When the message "Web Update Complete" is displayed close the window by clicking the X in the upper right corner.
- Click either the "Start" or the "Scan Now" button
- Ensure that "Perform a Smart Scan" is selected in the middle of the window
- Click "Next"
- The program will scan your system and report its findings. Don't be concerned about large numbers of items, the program is very thorough in its reporting.
- At the end of the scan the program makes a strange sound and a flashing bug appears after the object tally. Click Next.
- A window will appear showing all the "objects" it found that are suspicious. Right click one of them and select "Select All Objects" from the menu
- Click Next
- Click OK
- Close AdAware



Spybot - S & D.lnk

Spybot Search & Destroy

- Double click the SpyBot Search & Destroy icon on the desktop
- Click the "Search for Updates" button
- If the program reports quickly that there are no newer updates available it probably did not find the server. Try opening Internet Explorer to establish a connection. If it still doesn't get the update, go to www.safer-networking.org in Internet Explorer. Go to the downloads page and download the Detection-Update file. Run it to install the definitions.
- Click the "Check for Problems" button after you get the message the update was installed
- If items are found they will be listed, click next
- Click OK
- You're done.